



Am I experiencing balance?

1. When I wake up, I feel ready to face the day. ____
2. I am able to be around sadness without it affecting me. ____
3. I feel centered even in times of stress. ____
4. I am generally happy. ____
5. I don't have any serious health issues. ____
6. I know that I belong here. ____
7. My concentration is good. ____
8. I find it easy to complete tasks. ____
9. I don't experience a lot of anxiety. ____

If you could only affirm a few of these statements as true for you, your energies are probably out of balance. Reiki can help to bring into a more balanced state. I invite you to work with me. You may book your session at <https://www.lightweaverenergies.com/book-online>

I look forward to working with you!

With love and light,
Carol